

Grimsthorpe Castle 10k

31st August 2009

Pos	Num	M	F	Name	Cat	CatPos	Club	Time
1	303	1		Tim Hartley	M40	(001/107)	Barrow Runners	00:32:59
2	323	2		Aaron Scott	M	(001/098)	Lincoln Wellington AC	00:35:50
3	272	3		Matthew Grace	MJ	(001/010)	Bourne Town Harriers	00:36:12
4	333	4		Stuart Spencer	M	(002/098)	Barrow Runners	00:36:29
5	411	5		Will Mackay	MJ	(002/010)	Riverside Runners	00:36:42
6	207	6		Peter Grime	M	(003/098)	Newham & Essex Beagles	00:36:44
7	5	7		John Herbert	M	(004/098)	Werrington Joggers	00:37:14
8	143	8		Nick Day	M	(005/098)	Nene Valley Harriers	00:37:42
9	176	9		Robin Parker	M40	(002/107)	Fenland Running Club	00:38:02
10	437	10		Steve Cockrell	M	(006/098)	Fenland Running Club	00:38:12
11	154	11		Paul Jackson	M	(007/098)	Louth Athletics Club	00:38:31
12	76	12		Paul Hensby	M40	(003/107)	March AC	00:38:40
13	406	13		Oliver Mason	M	(008/098)	PAC	00:38:45
14	267	14		Mike Chapman	M	(009/098)	Nene Valley Harriers	00:39:21
15	273	15		Lee Pridmore	M	(010/098)	Unattached	00:39:28
16	65	16		Jonathan Davies	M	(011/098)	Stamford Striders	00:39:30
17	2	17		Alex Toll	M40	(004/107)	Barrow Runners	00:39:35
18	225	18		Arthur Short	M40	(005/107)	Grantham AC	00:39:46
19	416	19		Simon Fell	M	(012/098)	Stamford Striders	00:39:50
20	326	20		Ian Paramore	M40	(006/107)	Barrow Runners	00:40:00
21	18		1	Nicola Clay	F35	(001/049)	Stilton Striders	00:40:01
22	133		2	Philippa Taylor	F35	(002/049)	Stamford Striders	00:40:18
23	459	21		Andy Simpson	M	(013/098)	Barrow Runners	00:40:21
24	224	22		Andrew Skailles	M	(014/098)	Scarborough AC	00:40:42
25	16	23		Simon Mead	M	(015/098)	Ramsey Road Runners	00:40:45
26	429	24		Jordan Curl-Roper	MJ	(003/010)	Norwich RR	00:41:00
27	427	25		Goy Roper	M40	(007/107)	Norwich RR	00:41:12
28	332	26		Chris Brown	M	(016/098)	Barrow Runners	00:41:14
29	410	27		Michael Barnsdale	M50	(001/055)	Nene Valley Harriers	00:41:15
30	146	28		Rob Butler	M40	(008/107)	Lincoln Wellington AC	00:41:22
31	173	29		David Nuttall	M40	(009/107)	Rotherham	00:41:23
32	93	30		Vaughan Roberts	M50	(002/055)	Bourne Town Harriers	00:41:29
33	388	31		Nicholas Lee	MJ	(004/010)	Bourne Town Harriers	00:41:36
34	443	32		Barry Murray	M	(017/098)	Barrow Runners	00:41:37
35	292	33		Steve Calderwood	M	(018/098)	Swinton RC	00:41:45
36	371	34		Andy Taylor	M	(019/098)	Sleaford Town Runners	00:41:48
37	265		3	Tracey Patmore	F35	(003/049)	Riverside Runners	00:42:07
38	179	35		Tony Johnson	M40	(010/107)	Ropsley Road Runners	00:42:09
39	386		4	Amelia Susulowsky	FJ	(001/006)	Nene Valley Harriers	00:42:20
40	252	36		Simon Wright-Lakin	M	(020/098)	Unattached	00:42:21
41	438	37		Adrian Martin	M	(021/098)	Fenland Running Club	00:42:23
42	279	38		Sokalovskis Edgars	M	(022/098)	Boston and District AC	00:42:35
43	461	39		Keith Pritchard	M40	(011/107)	Riverside Runners	00:42:48
44	327	40		Tom Drew	M40	(012/107)	Spalding Tri Club	00:42:55
45	19	41		Adam Wright	M40	(013/107)	Redhill Road Runners	00:42:56
46	159	42		Nick Baker	M40	(014/107)	Unattached	00:42:59
47	264	43		Neil Adams	M40	(015/107)	Riverside Runners	00:43:03
48	408	44		Colin Brackley	M	(023/098)	Unattached	00:43:09
49	105	45		Paul Wilkerson	M50	(003/055)	Bedford and County AC	00:43:12

50	377	46	Reg Allen	M50	(004/055)	Thorney Running Club	00:43:14
51	428		5 Tracey Curl	F45	(001/035)	Norwich RR	00:43:18
52	125	47	Nigel Booth	M40	(016/107)	LWAC	00:43:34
53	407	48	Paul Rushworth	M	(024/098)	Macclesfield Harriers	00:43:35
54	110	49	Samuel Smith	M	(025/098)	Stamford Striders	00:43:42
55	396	50	Peter Wass	M40	(017/107)	Lincoln Wellington AC	00:43:45
56	47	51	Steve Froggatt	M40	(018/107)	Unattached	00:43:49
57	308	52	Mark Delahaunty	M	(026/098)	ES&M	00:43:55
58	98	53	Rooney Hall	M40	(019/107)	Werrington Joggers	00:44:03
59	158	54	Simon Craft	M40	(020/107)	Unattached	00:44:04
60	247	55	Darren Moat	M	(027/098)	March AC	00:44:12
61	467	56	David Babbs	M50	(005/055)	Unattached	00:44:19
62	465	57	Russell Lewin	M	(028/098)	Barrow Runners	00:44:20
63	318	58	Jim Grant	M50	(006/055)	Yaxley	00:44:22
64	134	59	Geoff Hall	M50	(007/055)	Lincoln Wellington AC	00:44:25
65	81	60	Colin Simpson	M50	(008/055)	Fenland Running Club	00:44:29
66	351	61	Mark Hurrell	M	(029/098)	BarnsleyAC	00:44:34
67	400	62	Mike Sheldon	M50	(009/055)	Barrow Runners	00:44:44
68	170	63	Bruce Johnson	M	(030/098)	Sleaford Striders	00:44:48
69	132	64	N/A Taylor	M40	(021/107)	Unattached	00:44:50
70	106	65	Andre Pittock	M40	(022/107)	Fenland Running Club	00:44:54
71	413	66	Mark Hillson	M	(031/098)	Grantham AC	00:45:00
72	328	67	Adam Swallow	MJ	(005/010)	Bourne Town Harriers	00:45:02
73	435	68	Phil Lengthorn	M	(032/098)	Bourne Town Harriers	00:45:05
74	254	69	Jonathan Ibbott	M	(033/098)	Unattached	00:45:08
75	278	70	Gary Hunter	M40	(023/107)	Unattached	00:45:10
76	394	71	David Philpot	M40	(024/107)	Ramsey Road Runners	00:45:16
77	453	72	John Rowles	M	(034/098)	Unattached	00:45:30
78	277	73	Daryl Robinson	M	(035/098)	Werrington Joggers	00:45:42
79	96	74	Matt Holmes	M	(036/098)	Unattached	00:45:43
80	449	75	Richard Sheldrake	M	(037/098)	Lincoln Tri Club	00:45:59
81	464	76	Tim Seabrook	M40	(025/107)	Unattached	00:46:00
82	183	77	Nick Wells	M40	(026/107)	Stamford Striders	00:46:02
83	191	78	Lee Enderby	M	(038/098)	Unattached	00:46:04
84	470	79	Adrian Spencer	M40	(027/107)	Barrow Runners	00:46:12
85	270	80	David Smith	M50	(010/055)	Bourne Town Harriers	00:46:14
86	124	81	Alex Heron	M	(039/098)	Unattached	00:46:16
87	150	82	Gary Bowen	M50	(011/055)	Unattached	00:46:17
88	240		6 Anna Garnier	F55	(001/015)	Thames Hare & Hounds	00:46:18
89	194	83	Chris Smith	M40	(028/107)	Sleaford Town Runners	00:46:23
90	11	84	Jez Page	M40	(029/107)	Grantham AC	00:46:33
91	97	85	Gregory Skelton	M	(040/098)	Unattached	00:46:39
92	119	86	Paul Hannah	M50	(012/055)	Stamford Striders	00:46:40
93	399	87	Mark Cochran	M	(041/098)	Nene Valley Harriers	00:46:41
94	316	88	Alan Hayes	M40	(030/107)	Stamford Striders	00:46:43
95	248	89	Jeff Prestridge	M50	(013/055)	Serpentine RC	00:46:45
96	403	90	Ross MacGregor	M	(042/098)	Barrow Runners	00:46:52
97	21	91	Geoff Howes	M50	(014/055)	Thorney Running Club	00:46:56
98	33	92	Gary Ward	M	(043/098)	Unattached	00:47:02
99	236		7 Claire Steels	F	(001/043)	Bourne Town Harriers	00:47:06
100	434	93	Martin Glendenning	M	(044/098)	Bushfield Joggers	00:47:16
101	395	94	Richard Titchmarsh	M60	(001/019)	Lincoln Wellington AC	00:47:19
102	190	95	David Hall	M	(045/098)	Lincoln Wellington AC	00:47:24
103	385	96	Mike Daniels	M	(046/098)	Unattached	00:47:27
104	111	97	Joe Horsman	M50	(015/055)	Bedford and County AC	00:47:28
105	360	98	Clive Harrod	M50	(016/055)	Fenland Running Club	00:47:34

106	197	99	Stephen Graham	M50	(017/055)	Unattached	00:47:36
107	299	100	Lloyd Ledgister	M40	(031/107)	Werrington Joggers	00:47:38
108	412	101	Martin Penny	M40	(032/107)	Ripley RC	00:47:39
109	293	102	Vince McNiffe	M40	(033/107)	Sleaford Striders	00:47:40
110	17	103	Steve Gelderd	M40	(034/107)	Redhill Road Runners	00:47:45
111	127	104	Gareth Davies	M	(047/098)	Unattached	00:47:46
112	300	105	Malcolm Harris	M50	(018/055)	Barrow Runners	00:47:56
113	477	106	David Hemmings	M	(048/098)	Unattached	00:47:57
114	92	107	Brian McLoan	M50	(019/055)	Bourne Town Harriers	00:47:58
115	137		8 Maire Irlam	F35	(004/049)	Fenland Running Club	00:48:08
116	44	108	Ian Wilkinson	M40	(035/107)	Unattached	00:48:10
117	107	109	Pasquale Ruggiero	M40	(036/107)	Fenland Running Club	00:48:12
118	138	110	Alan Buckberry	M50	(020/055)	Sleaford Striders	00:48:13
119	355	111	Dave Bennett	M60	(002/019)	BarnsleyAC	00:48:18
120	188	112	Chris. McDonnell	M50	(021/055)	Notfast Runners Newark	00:48:21
121	462	113	Phil Galpin	M40	(037/107)	Unattached	00:48:27
122	441	114	Stephen Doleman	M40	(038/107)	Unattached	00:48:29
123	439	115	David Barsby	M40	(039/107)	Werrington Joggers	00:48:30
124	20	116	Graham Potter	M40	(040/107)	Sleaford Striders	00:48:32
125	313	117	Thomas Williamson	M	(049/098)	Unattached	00:48:33
126	322	118	John Ellerby	M50	(022/055)	Grantham AC	00:48:34
127	59	119	Robert Mcandle	M50	(023/055)	Grantham AC	00:48:36
128	215	120	Ken Balding	M50	(024/055)	Unattached	00:48:50
129	358	121	David Foster	M40	(041/107)	Unattached	00:48:51
130	196		9 Lisa Jermey	F	(002/043)	Fenland Running Club	00:48:52
131	202	122	Rob Singleton	M	(050/098)	Unattached	00:48:53
132	177	123	? Johnson	M60	(003/019)	Thames Hare & Hounds	00:48:54
133	61		10 Angela O'Connol	F35	(005/049)	Lincoln & District RC	00:48:55
134	296		11 Laura Grimer	F	(003/043)	Nene Valley Harriers	00:48:58
135	232	124	Andrew Cowling	M50	(025/055)	Thorney Running Club	00:48:59
136	204	125	Carl Cousens	M	(051/098)	Unattached	00:49:02
137	348	126	David Raynes	M50	(026/055)	Sleaford Town Runners	00:49:03
138	114	127	John Chapman	M40	(042/107)	Fenland Running Club	00:49:04
139	448	128	Peter Fleming	M40	(043/107)	Unattached	00:49:05
140	109	129	Luke Taylor	M	(052/098)	Unattached	00:49:06
141	209	130	Alberto Girolami	M40	(044/107)	Unattached	00:49:07
142	160	131	Keith White	M60	(004/019)	Fenland Running Club	00:49:17
143	319	132	Mathew Bone	M	(053/098)	Yaxley	00:49:20
144	291		12 Jane James	F45	(002/035)	Sleaford Striders	00:49:28
145	63	133	Martyn Skinner	M40	(045/107)	Unattached	00:49:32
146	228	134	Andy Henson	M40	(046/107)	Bourne Town Harriers	00:49:37
147	415	135	David Gill	M50	(027/055)	Notfast Runners Newark	00:49:41
148	390	136	Mikkel Anderson	MJ	(006/010)	Unattached	00:49:43
149	118	137	Gary Rowley	M50	(028/055)	Spalding Tri Club	00:49:44
150	112		13 Kathy Horsman	F45	(003/035)	Bedford and County AC	00:49:48
151	91	138	Anthony Yoxall	M40	(047/107)	Bourne Town Harriers	00:49:49
152	126	139	Colin Radford	M50	(029/055)	Ramsey Road Runners	00:49:51
153	257	140	Gary Scane	M40	(048/107)	Unattached	00:49:53
154	238	141	Mark Tucker	M40	(049/107)	Grantham AC	00:49:54
155	259	142	Robert Tillott	M40	(050/107)	Ramsey Road Runners	00:49:55
156	287	143	Tim Stone	M50	(030/055)	Yaxley	00:50:02
157	285	144	Roland Stevens	M50	(031/055)	Bourne Town Harriers	00:50:05
158	39	145	Richard Pearson	M50	(032/055)	Bourne Town Harriers	00:50:06
159	436	146	Ian Vallance	M	(054/098)	Yaxley	00:50:08
160	376	147	Alistair Rudd	M40	(051/107)	Spalding Tri Club	00:50:11
161	421	148	Shaun Hill	M	(055/098)	Unattached	00:50:13

162	256	14	Agata Chelchowska	F	(004/043)	March AC	00:50:14
163	458	149	Kevan Naylor	M40	(052/107)	Barrow Runners	00:50:15
164	142	15	Helen Cladingbowl	F	(005/043)	Louth Athletics Club	00:50:16
165	51	16	Louise Burton	F35	(006/049)	Nene Valley Harriers	00:50:17
166	341	150	Robert McCarthur	M40	(053/107)	Unattached	00:50:19
167	361	151	Chris Taylor	M50	(033/055)	Bourne Town Harriers	00:50:23
168	155	17	Jo Jackson	F35	(007/049)	Louth Athletics Club	00:50:27
169	414	18	Helen Brown	F	(006/043)	Grantham AC	00:50:27
170	53	19	Sally Valentine	F	(007/043)	Yaxley	00:50:40
171	401	152	Terry Jones	M60	(005/019)	Barrow Runners	00:50:43
172	71	153	Kelvin Owen	M40	(054/107)	Unattached	00:50:45
173	472	154	Paul Beland	M50	(034/055)	Bourne Town Harriers	00:50:50
174	456	20	Claire Piercy	F35	(008/049)	Yaxley	00:50:56
175	315	155	Gareth Purdy	M	(056/098)	Unattached	00:50:59
176	455	156	Martin Abel	MJ	(007/010)	Unattached	00:51:01
177	329	21	Louise Swallow	F35	(009/049)	Bourne Town Harriers	00:51:02
178	369	157	Karl Aubrey	M50	(035/055)	Sleaford Striders	00:51:03
179	116	22	Jane Holmes	F	(008/043)	Fenland Running Club	00:51:04
180	54	158	Roger James Hellings	M60	(006/019)	Hartsholme Runners	00:51:05
181	393	23	Rebecca Lee	F35	(010/049)	Unattached	00:51:06
182	64	159	Mark Carpenter	M	(057/098)	Unattached	00:51:07
183	304	160	Caryn Garner	M40	(055/107)	Grantham AC	00:51:14
184	305	24	Corinna Litscher	FJ	(002/006)	Unattached	00:51:16
185	120	25	Amanda Hannah	F	(009/043)	Stamford Striders	00:51:17
186	174	161	Simon Lunn	M	(058/098)	Sleaford Town Runners	00:51:18
187	334	162	Philip Lester	M40	(056/107)	Sleaford Striders	00:51:19
188	445	163	Richard Knowles	M	(059/098)	Unattached	00:51:21
189	389	26	Katy Lee	FJ	(003/006)	Bourne Town Harriers	00:51:22
190	353	27	Linda Westlake	F45	(004/035)	BarnsleyAC	00:51:23
191	331	164	Paul Zurawliw	M50	(036/055)	Barrow Runners	00:51:25
192	422	28	Karen Clark	F	(010/043)	Unattached	00:51:27
193	131	165	David Smith	M40	(057/107)	Royal Air Force	00:51:28
194	463	29	Jacky Reynolds	F35	(011/049)	Barrow Runners	00:51:30
195	221	166	Stephen Dawson	M40	(058/107)	Thorney Running Club	00:51:33
196	201	167	Christopher Abel	M40	(059/107)	Unattached	00:51:35
197	83	168	Jon Hird	M40	(060/107)	Sleaford Striders	00:51:36
198	387	169	Garry Mitchell	M40	(061/107)	Unattached	00:51:37
199	62	170	Paul Brewster	M40	(062/107)	Bourne Town Harriers	00:51:38
200	261	171	Andrew Wade	M40	(063/107)	Stamford Striders	00:51:39
201	454	172	Ryan Everett	MJ	(008/010)	Unattached	00:51:40
202	205	173	Simon Martell	M	(060/098)	Notfast Runners Newark	00:51:41
203	219	174	Marc John Over	M	(061/098)	Werrington Joggers	00:51:43
204	151	175	Eric Jeyes	M50	(037/055)	Werrington Joggers	00:51:45
205	166	176	Neil Taylor	M40	(064/107)	Unattached	00:51:55
206	362	177	Graham Miller	M	(062/098)	Notfast Runners Newark	00:51:57
207	156	178	Chris Dunn	M	(063/098)	Unattached	00:51:58
208	78	179	David Connelly	M	(064/098)	Unattached	00:52:12
209	473	180	Barry Ryan	M	(065/098)	Unattached	00:52:13
210	311	181	Darren Appleton	M	(066/098)	Notfast Runners Newark	00:52:14
211	324	182	Gary Britnell	M40	(065/107)	Sleaford Town Runners	00:52:17
212	379	183	Stephen Cook	M	(067/098)	Unattached	00:52:19
213	229	184	Richard Broadhead	M40	(066/107)	Unattached	00:52:30
214	200	185	Paul Towers	M40	(067/107)	Unattached	00:52:34
215	95	30	Claudia Milburn	F	(011/043)	Fenland Running Club	00:52:35
216	269	186	Mark Asten	M	(068/098)	Sutton Runners	00:52:42
217	23	187	Bill Phillips	M60	(007/019)	Barrow Runners	00:52:46

218	94	31	Janice Andrews	F55	(002/015)	Grantham AC	00:52:54
219	206	188	Graham Froggett	M50	(038/055)	Unattached	00:52:55
220	128	189	Robin Ball	M50	(039/055)	Stamford Striders	00:52:58
221	356	190	David Bull	M	(069/098)	Unattached	00:52:59
222	447	191	David Richards	M50	(040/055)	Formula 1	00:53:04
223	182	192	Stephen Ankers	M50	(041/055)	Ramsey Road Runners	00:53:06
224	226	193	Philip Hall	M50	(042/055)	Grantham AC	00:53:14
225	346	194	Ian Hanks	M40	(068/107)	Sleaford Striders	00:53:25
226	84	32	Judith Findley	F	(012/043)	Unattached	00:53:27
227	338	195	Peter Golden	M40	(069/107)	Rutland RC	00:53:29
228	1	33	Lorraine Toll	F35	(012/049)	Barrow Runners	00:53:37
229	66	34	Sue Zurawliw	F45	(005/035)	Barrow Runners	00:53:40
230	339	35	Sarah Gauvin	F35	(013/049)	Fenland Running Club	00:53:44
231	363	196	Paul Jepson	M50	(043/055)	Ropsley Road Runners	00:53:45
232	397	36	Maddy Wilson	F35	(014/049)	Lincoln Wellington AC	00:53:51
233	469	197	Adam Nelson	M	(070/098)	Unattached	00:54:05
234	310	198	Billy Fox	M40	(070/107)	Unattached	00:54:10
235	233	199	Simon Kirby	M40	(071/107)	Unattached	00:54:11
236	283	200	Richard Sharpe	M40	(072/107)	Thorney Running Club	00:54:16
237	271	201	David Grace	M50	(044/055)	Bourne Town Harriers	00:54:20
238	451	37	Sue Harlow	F	(013/043)	Yaxley	00:54:22
239	466	202	Alexander Babbe	M	(071/098)	Stamford Striders	00:54:23
240	309	38	Mary Walsh	F35	(015/049)	ES&M	00:54:24
241	187	203	Martin Wilkinson	M40	(073/107)	Unattached	00:54:27
242	80	204	Sue George	M50	(045/055)	Fenland Running Club	00:54:36
243	301	205	Keith Spencer	M40	(074/107)	Barrow Runners	00:54:42
244	342	206	Paul PHaley	M40	(075/107)	Unattached	00:54:43
245	426	39	Kathryn Farrar	F	(014/043)	Barrow Runners	00:54:45
246	372	40	Cathy Davies	F	(015/043)	Sleaford Town Runners	00:54:47
247	69	41	Sarah Baldwin	F	(016/043)	Unattached	00:54:49
248	357	42	Diana Flint	F45	(006/035)	Unattached	00:54:53
249	325	43	Kathryn Eastwood	F35	(016/049)	Barrow Runners	00:55:05
250	343	44	Helen Jones-Crofts	F35	(017/049)	BarnsleyAC	00:55:08
251	274	207	Anthony Frisby	M40	(076/107)	Unattached	00:55:12
252	330	208	Peter SWallow	M40	(077/107)	Bourne Town Harriers	00:55:14
253	9	209	Edward Myatt	M40	(078/107)	Hermitage Harriers	00:55:15
254	3	45	Jill Mcintyre	F35	(018/049)	Notfast Runners Newark	00:55:16
255	189	46	Lyn McDonnell	F45	(007/035)	Notfast Runners Newark	00:55:26
256	320	47	Maureen Runacres	F35	(019/049)	Sleaford Striders	00:55:31
257	468	210	Ian Rudololf	M	(072/098)	Unattached	00:55:45
258	167	48	Anne Gilroy	F45	(008/035)	Lincoln Wellington AC	00:55:48
259	298	211	Dean Pearson	M40	(079/107)	Werrington Joggers	00:56:00
260	192	49	Anna Thompson	F35	(020/049)	Sleaford Striders	00:56:03
261	203	50	Katie Singleton	F	(017/043)	Unattached	00:56:04
262	6	212	Paul Rees	M40	(080/107)	Unattached	00:56:06
263	31	213	Peter Holmes	M40	(081/107)	Unattached	00:56:09
264	30	51	Debbie Holmes	F45	(009/035)	Unattached	00:56:10
265	85	214	Curtis Moore	M40	(082/107)	Unattached	00:56:14
266	115	52	Suzanne Moon	F	(018/043)	Stamford Striders	00:56:21
267	253	215	Mike Freeman	M60	(008/019)	Unattached	00:56:23
268	35	216	Shaun Kemp	M40	(083/107)	Bourne Town Harriers	00:56:24
269	75	217	Gordon Orr	M50	(046/055)	Stamford Striders	00:56:32
270	140	218	Dino Amendola	M40	(084/107)	Worksop Harriers	00:56:36
271	41	219	Alan Fisher	M40	(085/107)	RAF Wittering	00:56:43
272	423	220	Glyn Paskin	M	(073/098)	Unattached	00:56:51
273	365	53	Maddy Stokes	FJ	(004/006)	Ramsey Road Runners	00:56:56

274	368	221	Andrew Brett	M	(074/098)	Ramsey Road Runners	00:56:57
275	367	54	Michelle Prior	F	(019/043)	Ramsey Road Runners	00:56:58
276	383	222	Barney Hinnigan	M	(075/098)	Unattached	00:57:06
277	275	223	Dan Frisby	MJ	(009/010)	Unattached	00:57:15
278	40	55	Kate Fisher	F35	(021/049)	Notfast Runners Newark	00:57:19
279	349	56	Nikki Loomes	F45	(010/035)	Sleaford Striders	00:57:27
280	409	57	Anne Emerson	F45	(011/035)	Stamford Striders	00:57:28
281	152	58	Leigh Chorlton	F	(020/043)	Stamford Striders	00:57:30
282	352	224	Alistair Froggett	M	(076/098)	Unattached	00:57:34
283	384	225	Peter Hamilton	M40	(086/107)	Unattached	00:57:36
284	15	226	Dominic Troop	M	(077/098)	Unattached	00:57:41
285	381	59	Sophia Reeves	F	(021/043)	Unattached	00:57:42
286	36	60	Rachel Kemp	F35	(022/049)	Bourne Town Harriers	00:57:44
287	475	61	Holly McDonnell	FJ	(005/006)	Sleaford Town Runners	00:57:46
288	282	227	Mark Shrimpton	M	(078/098)	Unattached	00:57:55
289	230	228	Frances Weeks	M	(079/098)	Unattached	00:57:58
290	457	229	Craig McPherson	M	(080/098)	Unattached	00:58:02
291	243	230	John Miller	M60	(009/019)	Notfast Runners Newark	00:58:05
292	250	62	Julie Mendes	F35	(023/049)	Sleaford Striders	00:58:16
293	147	231	Richard Turner	M60	(010/019)	Yaxley	00:58:20
294	251	232	Steve Pepper	M40	(087/107)	Unattached	00:58:23
295	378	233	Christopher Flintham	M40	(088/107)	Maltby RC	00:58:26
296	446	63	Lorraine Varney	F45	(012/035)	Formula 1	00:58:29
297	193	234	Jeremy Faint	M40	(089/107)	Unattached	00:58:32
298	382	235	Nicholas Burlington	M	(081/098)	Unattached	00:58:33
299	380		-unknown-		(n/a)		00:58:34
300	70	64	Alison Mills	F35	(024/049)	Unattached	00:58:36
301	27	236	Andy Pritchett	M40	(090/107)	Notfast Runners Newark	00:58:38
302	321	65	Rachel Harvey	F	(022/043)	Barrow Runners	00:58:40
303	246	66	Jane Greenwood	F45	(013/035)	Fenland Running Club	00:58:48
304	86	67	Joanne Moore	F35	(025/049)	Stamford Striders	00:58:54
305	186	68	Michaela Ridley	F35	(026/049)	Riverside Runners	00:58:55
306	185	237	Paul Ridley	M40	(091/107)	Riverside Runners	00:58:56
307	144	238	Tony Lack	M60	(011/019)	Ramsey Road Runners	00:59:02
308	161	239	Alan Bird	M60	(012/019)	Ropsley Road Runners	00:59:08
309	364	69	Donya Stokes	F35	(027/049)	Unattached	00:59:09
310	366	240	Gavin Stokes	M40	(092/107)	Ramsey Road Runners	00:59:10
311	108	70	Gabriela Cammarata	F	(023/043)	Unattached	00:59:12
312	258	71	Sharon Raine	F	(024/043)	Stamford Striders	00:59:17
313	392	241	Daniel Knight	M	(082/098)	Unattached	00:59:20
314	122	242	Andrew Wright	M40	(093/107)	Yaxley	00:59:23
315	211	243	Mike Whaley	M60	(013/019)	Unattached	00:59:25
316	227	244	Glyn Botfield	M50	(047/055)	Road Runners Club	00:59:31
317	263	72	Ursula Byles	F	(025/043)	Unattached	00:59:39
318	262	73	Lynsey Neal	F	(026/043)	Unattached	00:59:40
319	295	245	Richard Woodward	M40	(094/107)	Unattached	00:59:41
320	425	246	Paul Shaw	M40	(095/107)	Sleaford Striders	00:59:42
321	302	74	Anne Johnstone	F35	(028/049)	Unattached	00:59:45
322	260	75	Jennifer Tillott	FJ	(006/006)	Ramsey Road Runners	00:59:49
323	294	76	Marcia Woodward	F35	(029/049)	Unattached	00:59:51
324	162	77	Veronica Richards	F45	(014/035)	Thames Hare & Hounds	01:00:06
325	244	78	Aimee Stocker	F	(027/043)	Spalding Tri Club	01:00:14
326	241	247	John Leggett	M60	(014/019)	Trail Runners Association	01:00:20
327	234	248	Philip Boddey	M50	(048/055)	Stamford Striders	01:00:22
328	135	79	Elizabeth Dixon	F45	(015/035)	Bourne Town Harriers	01:00:32
329	42	80	Sharron Toms	F35	(030/049)	Yaxley	01:00:41

330	163	81	Sue Osmond	F45	(016/035)	Unattached	01:00:46
331	68	249	Peter Newman	M	(083/098)	Sleaford Striders	01:00:47
332	280	82	Melanie Murdoch	F	(028/043)	Fenland Running Club	01:00:50
333	450	83	Rachel Powell	F45	(017/035)	Serpentine RC	01:00:57
334	391	250	Stuart Benyon	M40	(096/107)	UKNetRunne	01:00:59
335	172	84	Val Eve	F55	(003/015)	Stamford Striders	01:01:08
336	440	85	Grace Plant	F45	(018/035)	Grantham AC	01:01:18
337	335	251	Lee Cooper	M	(084/098)	Thorney Running Club	01:01:31
338	289	252	David Windle	M40	(097/107)	Unattached	01:01:36
339	58	86	Maria Sowerby	F45	(019/035)	Stamford Striders	01:01:37
340	432	87	Natalie Blismas	F35	(031/049)	Unattached	01:01:39
341	433	253	Nick Blismas	M	(085/098)	Unattached	01:01:39
342	347	254	Lee Marshall	M	(086/098)	Unattached	01:01:55
343	169	88	Elma Brown	F55	(004/015)	Fell Runners Association	01:01:57
344	307	255	Mark Spencer	M50	(049/055)	Unattached	01:02:05
345	284	89	Carolyn Skinner	F35	(032/049)	Unattached	01:02:14
346	478	90	Victoria Stockwell	F	(029/043)	Unattached	01:02:16
347	10	91	Diane Myatt	F35	(033/049)	Hermitage Harriers	01:02:16
348	24	92	Jude McCarthy	F45	(020/035)	Unattached	01:02:26
349	208	256	Jon Thelwell	M	(087/098)	Unattached	01:02:46
350	444	93	Anthea Kettle	F55	(005/015)	Unattached	01:02:47
351	22	94	Hazel Brewin	F55	(006/015)	Werrington Joggers	01:02:51
352	45	95	Jacqueline Browne	F45	(021/035)	Unattached	01:02:52
353	178	257	Keith Saward	M60	(015/019)	March AC	01:02:53
354	101	96	Gena Jackman	F55	(007/015)	March AC	01:02:54
355	286	97	Val Stone	F45	(022/035)	Yaxley	01:03:08
356	373	258	Lea Addlesee	M	(088/098)	Sleaford Town Runners	01:03:13
357	476	259	John McDonnell	M50	(050/055)	Sleaford Town Runners	01:03:14
358	37	98	Betty Stracey	F55	(008/015)	Lincoln Wellington AC	01:03:19
359	237	99	Nicky Asplin	F35	(034/049)	Bourne Town Harriers	01:03:22
360	239	100	Lia Clayton	F55	(009/015)	Bourne Town Harriers	01:03:25
361	479	260	Jon Stockwell	M	(089/098)	Unattached	01:03:28
362	314		-unknown-		(n/a)		01:03:53
363	217	101	Fiona Kelman	F35	(035/049)	Unattached	01:03:58
364	297	261	Dan Zenchuk	M	(090/098)	Unattached	01:04:00
365	460	102	Paula Fairbanks	F	(030/043)	Fenland Running Club	01:04:09
366	88	262	Mark Webster	M40	(098/107)	Notts AC	01:04:11
367	210	263	Karl Holmes	M40	(099/107)	Cleethorpes AC	01:04:27
368	345	103	Julie Hanks	F35	(036/049)	Sleaford Striders	01:04:31
369	145	104	Sheila Clark	F45	(023/035)	Unattached	01:04:39
370	417	264	Jason Vernalls	M	(091/098)	Peterborough AC	01:04:40
371	354	105	Anne Bennet	F55	(010/015)	BarnsleyAC	01:04:49
372	350	106	Lynne Hurrell	F35	(037/049)	BarnsleyAC	01:04:50
373	430	265	Steve Mitchell	M	(092/098)	Unattached	01:04:56
374	420	266	Alan Gray	M50	(051/055)	Unattached	01:05:10
375	442	107	Amanda Abbott	F35	(038/049)	Unattached	01:05:11
376	288	108	Heather McCrea	F	(031/043)	Unattached	01:05:12
377	164	109	Gemma Hutton	F	(032/043)	Thorney Running Club	01:05:18
378	113	110	Lisa Wyllie	F	(033/043)	Stamford Striders	01:05:26
379	276	111	Carrie Kirby	F	(034/043)	Unattached	01:05:34
380	67	112	Leanne Ward	F	(035/043)	Sleaford Striders	01:05:50
381	452	113	Annie Giles	F35	(039/049)	Sleaford Striders	01:05:50
382	290	114	Katherine Cook	F35	(040/049)	Unattached	01:05:50
383	281	267	Keith Wilding	M50	(052/055)	Unattached	01:06:13
384	102	268	Ian Turrell	M40	(100/107)	Lincoln & District RC	01:06:17
385	235	269	Malcolm Scriven	M50	(053/055)	Bourne Town Harriers	01:06:18

386	431	115	Jackie Duers	F45	(024/035)	Notfast Runners Newark	01:06:24
387	32	116	Kaley Boothby	F	(036/043)	Unattached	01:06:35
388	340	117	Fiona Vaughan	F	(037/043)	Grantham AC	01:06:57
389	306	270	Philip Garner	M40	(101/107)	Grantham AC	01:07:01
390	317	118	Sue McPartlin	F35	(041/049)	Spalding Tri Club	01:07:02
391	46	271	Ellis Gardner-Browne	M	(093/098)	Unattached	01:07:05
392	136	272	Stuart Bremner	M40	(102/107)	Bourne Town Harriers	01:07:19
393	268	273	Stanley Thornton	M60	(016/019)	Sleaford Striders	01:07:38
394	344	119	Christine Tindale	F55	(011/015)	Unattached	01:07:39
395	220	274	Stephen Gorman	M40	(103/107)	Unattached	01:07:54
396	103	120	Catherine Sheldrake	F35	(042/049)	Unattached	01:08:35
397	337	275	Garry Wilson	M40	(104/107)	Sleaford Striders	01:08:52
398	123	121	Sue Heron	F45	(025/035)	Unattached	01:08:52
399	336	122	Linda Melloy	F45	(026/035)	Sleaford Striders	01:08:52
400	141	123	Emma Halls	F	(038/043)	Unattached	01:08:57
401	402	124	Anna Brocklehurst	F	(039/043)	Barrow Runners	01:09:02
402	72	125	Catherine Owen	F	(040/043)	Unattached	01:09:06
403	82	126	Michelle Hird	F35	(043/049)	Sleaford Striders	01:09:19
404	38	127	Val Bark	F	(041/043)	Thorney Running Club	01:09:50
405	216	128	Nikki Griffin	F35	(044/049)	Unattached	01:09:56
406	117	129	Anne Rowley	F45	(027/035)	Spalding Tri Club	01:10:19
407	181	276	Tim Bridle	M	(094/098)	Unattached	01:10:22
408	424	277	James Relchelt	M	(095/098)	Unattached	01:10:24
409	175	130	Sharn Phagoora	F35	(045/049)	Yaxley	01:10:25
410	165	131	Gill Holmes	F55	(012/015)	Thorney Running Club	01:10:42
411	74	132	Karen Wilkinson	F45	(028/035)	Unattached	01:11:04
412	73	133	Kate Terry	F45	(029/035)	Unattached	01:11:08
413	52	134	Catherine Simpson	F45	(030/035)	Sleaford Town Runners	01:11:17
414	419	278	William Cunningham	M50	(054/055)	Unattached	01:11:20
415	398	279	Michael Whitlock	MJ	(010/010)	Unattached	01:11:43
416	405	280	Stephen Ashurst	M40	(105/107)	Ramsey Road Runners	01:11:52
417	404	135	Debra Ashurst	F35	(046/049)	Unattached	01:11:52
418	418	136	Anne McCrae	F45	(031/035)	Werrington Joggers	01:12:51
419	25	137	Jean Bagworth	F55	(013/015)	Unattached	01:13:03
420	99	281	Colin Green	M60	(017/019)	Notfast Runners Newark	01:13:22
421	100	138	Marian Green	F55	(014/015)	Notfast Runners Newark	01:13:22
422	168	282	Mick Brown	M60	(018/019)	Fell Runners Association	01:13:36
423	249	283	Mike Taylor	M	(096/098)	Unattached	01:13:47
424	121	139	Fiona Freeman	F35	(047/049)	Sleaford Striders	01:13:53
425	157	284	Bob Oakham	M50	(055/055)	Notfast Runners Newark	01:14:19
426	242	140	Clare Busby	F	(042/043)	Stamford Striders	01:14:20
427	474	285	Mark Lowthian	M40	(106/107)	Unattached	01:15:14
428	43	286	Peter Toms	M40	(107/107)	Yaxley	01:15:24
429	370	287	Peter Hayward	M	(097/098)	Sleaford Striders	01:15:52
430	375	141	Isabel Ibanez	F45	(032/035)	Fenland Running Club	01:16:16
431	184	142	Sarah Winspear	F35	(048/049)	Stamford Striders	01:16:17
432	49	143	Elaine Allwood	F45	(033/035)	Stamford Striders	01:16:17
433	359	144	Alison Marvel	F45	(034/035)	Stamford Striders	01:16:18
434	212	145	Antoinette Rendle	F55	(015/015)	Bushfield Joggers	01:16:52
435	374	288	Rishi Beeharry	M	(098/098)	Fenland Running Club	01:17:57
436	222	146	Jo Leadbitter	F35	(049/049)	Sleaford Striders	01:21:24
437	471	147	Nicola Sparkes	F45	(035/035)	Werrington Joggers	01:23:20
438	149	148	Kate Eden	F	(043/043)	Unattached	01:27:49
439	89	289	David Blyth	M60	(019/019)	C&C	01:43:00