

# “Bourne Town Harriers Grimsthorpe Castle 10K”



Bourne Town  
Harriers

&

## 3K FUN RUN



Bourne Town  
Harriers

10K Race starts at 11.00am – 3K Fun Run starts at  
10.15am

Under UKA rules

Computerised Results

UKA race license

## 16<sup>th</sup> September 2018

Race entry includes entry to the park. Spectators may enter free before 10:30 am only.  
Extensive prize list for 10K.  
New Bespoke Medal for 10K race  
Team awards - 4 men, 3 women to count.



Enter online

[www.entrycentral.com/grimsthorpe2018](http://www.entrycentral.com/grimsthorpe2018)

No on-line Surcharge!

More info

[www.bournetownharriers.org/grimsthorpe.html](http://www.bournetownharriers.org/grimsthorpe.html)

Grimsthorpe Castle Estate, Bourne, Lincolnshire PE10 0LY  
On the A151, Bourne to Colsterworth road, situated between Edenham and  
Corby Glen.

# RACE ENTRY FORM

PLEASE COMPLETE IN BLOCK CAPITALS

Enter online: [www.entrycentral.com/grimsthorpe2018](http://www.entrycentral.com/grimsthorpe2018)

10K RACE  3K FUN RUN  Please tick box  
(10K entrants must be at least 16 years old)

Surname  Forename

Address

Postcode

E-mail address \*

Date of Birth  Age on race day  M/F

Telephone No  Affiliated Club

EA Runner URN if applicable  (will be ratified via EA website)

\*E-mail address only used to contact you in case of changes and will not be shared with third parties and will be deleted from our records within 3 months after the race date.

This is a multi-terrain event and is not suitable for wheelchair competitors.

I agree to abide by the rules of the event and that the official's decision will be final.

I confirm that I have no medical disabilities that would endanger myself or others taking part.

I understand that I enter at my own risk, and that I will not hold the organisers responsible for any illness or injury sustained during or as a result of the race.

Signed  Date

(parent or guardian if under 16)

Entry fee: 10K - £18 affiliated, £20 non-affiliated, Fun Run £5 **Cheques payable to Bourne Town Harriers.**

Please send entry form and cheque to Bourne Town Harriers 4 Carrington View Tongue End Spalding PE11 3HZ. **Postal entries close on 11<sup>th</sup> September and on line entries will close on Friday 14<sup>th</sup> September. Entries accepted on the day with a £2 surcharge.**

**No numbers will be sent out they will need to be collected from the race entries tent on race day!  
Please arrived early to ensure free spectator entry.**

No child under 7 years old may run in the fun run unless accompanied by either an adult or a person nominated by the parent to be responsible for the child. This person must be a paid entrant to the fun run.

For Official Use

Race No.